Valerie Salmon

Mario Ahumada/Carlos Tenorio

Right Heart, Right Motive

Week : Devotionals 21-25

**Day 24 - Escaping the Trap**

1. After reading each step, write down in your journal the specific response you will make in order to achieve recovery:

* Recognize that you are hurt: I have been hurt by my friends becoming closer with another person. I feel they have separated me from my friend, and as a result, my friend seems distant and judgemental in their interactions with me.
* Confess your hurt to the Lord - Lord, I confess that I was hurt when my friend started hanging out with this new person more than I and when my other friends started hanging out more without me.
* Be open to His correction and direction - Lord, I understand that You desire me to want me to forgive them all and harbor no hurt or offense toward anyone. The separation is something both You orchestrated/desire and I asked for so I can have a season to be alone with You.
* Finally, we must forgive the person(s) who hurt us - Jesus, I forgive my friends and the other party for being emotionally distant and judgemental/critical toward me.

1. Read each scripture, and write in your journal the attitude God desires us to have in our hearts for those who hurt us.

* Matthew 5:44 - We should pray for them, earnestly, with the same prayers and hearts we would pray for ourselves.
* Psalm 35:11-14 - We should pray for them, earnestly, witht he same prayers and hearts we would pray for ourselves. We should earnestly and sincerely come before the throne of God boldly on behalf of them. We should humble ourselves before God as if they are someone who is close to our hearts like a parent or sibling.
* 2 Corinthians 10:5 - We have to bring every thought that is in opposition to the people who hurt us into Christ’s captivity. We cannot allow ourselves to entertain thoughts that do not honor God when it comes to those who hurt us because they are the image of God.